

6th Lynn One Hour Run

Including **15K & 10 Mile** age group record breaking opportunities.

Saturday, September 25, 2021 Manning Field

Lynn Massachusetts

Hosted by Lynn Parks & Recreation and USATF-NE



Twelve American age group records broken.

5 p.m. – Women’s only 1 Hour, 15K & 10 Mile

TBA p.m. – Men’s only 1 Hour, 15K & 10 Mile

Men’s races will start after the finish of the women’s races. Dependent on the time of the last 10-mile finisher.

Focus on Masters! All are welcome.

Facility: 400 meter polyurethane track.

Entry Fee: \$5.00 per entrant – Pay on day of event.

Water available during race. You may use your own water bottle and water assistant.

Further Information: Joe Abelon jsa777@verizon.net
C 781-709-7135 H 781-593-6562
Or office@usatfne.org for USATF questions

www.lwrun.org For current record holders and pace charts.

Directions:

From Rt 128/95 - Follow Rte 129 (Lynnfield Street) to Broadway to Boston St.
First left on Ford St. From Salem...Highland Ave to Western Ave.
Right on Maple St...First left on Ford St.
Parking Lot entrance is on Ford Street