

## 4<sup>th</sup> Annual Lynn Woods Snowshoe Series

1/5/24

The Woods will again be open for our 4<sup>th</sup> Annual Lynn Woods Snowshoe Series, *snow permitting!* This is sponsored by Lynn Parks and Recreation and managed by a team from the Lynn Woods community: Eric Bowden, Jeff Cook, Sal Genovese, Jeff Hixon, Mark Rosenblum, and Scott Somers. Joe Abelon and Bill Mullen will provide scoring and website assistance.

The series will consist of one or more in-person races if there is sufficient snow. Details are provided below.

### In-person races

When sufficient snow arises -- or forecasts show a high probability of snow -- in-person races may be offered.

### **Race scheduling considerations**

Races will be announced with as much advanced notice as practical. *However, given the nature of area snowstorms in recent years, sufficient snow coverage for racing may be limited to just a few days before conditions deteriorate.* Hence, most races announced here will likely be of the ‘Pop-up’ variety, announced with only few days’ notice due to favorable forecasts for receiving significant snow, or shortly after a snowstorm. (In some cases, if a race is announced but there is insufficient snow on race day, the event will become a trail race.)

### **How to learn when races are scheduled**

- Check lwrn.org as a snowstorm approaches
- Check the Lynn Woods Facebook page:  
<https://www.facebook.com/people/Lynn-Woods-Running/100057591611926/>
- Join the Lynn Woods runners’ distribution list. See ‘Participating and Reporting Results’ section below to request addition to the list.

In-person snowshoe races will be held on the “Great Woods 5K Snowshoe course”. Park at the Great Woods parking lot. From the stone pillars at the end of the parking lot, the start is 0.1 mile uphill from the green gate. The start line is next to a tree with a large distinctive burl on the right side of the trail. Course runs straight along Great Woods Road for 1.8 miles, takes a left at Fox Rock Road, left at Dungeon Rd. (2.0 miles), then merges back at Great Woods Road, and finishes at the start line. Course map and photos can be found here: [Great Woods 5K Snowshoe Course](#)

### **Entry Guidelines**

- **No entry fee!** (No prizes, no refreshments ... but good scenery and wintertime camaraderie!)
- The course will not be marked. Just two turns to learn.
- Racers must have a Lynn Woods (LW) bib number. (See next section.)
- Pre-registration by e-mail requested but not required.
- Race day registration ok if participant has a prior LW bib #.
- Wear your LW bib at the race. A homemade bib is ok if newly registered.
- A timer will be provided when available, otherwise self-time your effort to the nearest second.
- If you cannot make the scheduled time for the in-person race, you can race virtually over the course on the same day and be included in the race results. *Virtual efforts must be submitted the same day.*
- Race results will be published on [lwrn.org](http://lwrn.org).

### **Participating and Reporting Results**

All racers need to have a bib number in the lwrn.org database. If you do not have one from previous racing at the Lynn Woods Summer XC races, please e-mail Joe Abelon at [jsa777@verizon.net](mailto:jsa777@verizon.net) to request one. Provide your name, gender, birthdate, and city or town. Your e-mail will be added to the race announcements distribution list unless opting out.

*If you race virtually, e-mail your result that same day to Joe Abelon at [jsa777@verizon.net](mailto:jsa777@verizon.net) with the following information:*

**Name / Bib No. / Time**

### **Results publishing**

Race results will be published as soon as possible at lwrn.org.