

**2023 LYNN WOODS RELAY
AUGUST 23, 2023 6PM**

TEAM NAME: _____

DIVISION: (circle one) Entry: \$80 per team (Tee shirts to first 80 teams)

MEN OPEN	M	WOMEN OPEN	W
MEN MASTERS (40-49)	S	WOMEN MASTERS (40-49)	L
MEN SENIORS (50-59)	P	WOMEN SENIORS (50-59)	Y
MEN VETERANS (60-69)	Z	WOMEN VETERANS (60-69)	X
MEN SUPER VETERANS (70+)	A	WOMEN SUPER VETERANS (70+)	D
BOYS HIGH SCHOOL	B	GIRLS HIGH SCHOOL	G
JUNIOR (Gr. 8 and below)	J	CO-ED (2 MALE & 2 FEMALE)	C
		NO CATEGORY (No prizes)	N

RELAY LEG	RUNNER	TEE-SHIRT(S,M,L,XL)
1		
2		
3		
4		

I hereby waive and release all claims for damages that I may incur as a result of race participation against the City of Lynn, the Lynn AC, and any and all sponsors.

TEAM CAPTAIN: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

CONTACT (CAPTAIN) EMAIL: _____

Mail to:
Bill Mullen
10 Buford Road
Peabody, MA 01960

Checks payable to: **LYNN WOODS RUNNING**